

Newsletter

Nowra Hill Public School

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Dear Parents and Carers,

Well done to all those students who went to the small schools' swim carnival last Tuesday. From all reports our students swam well and showed exceptional behaviour. Great work in doing yourselves proud.

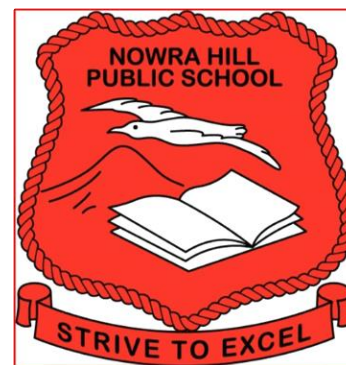
The District Swimming Carnival is this Thursday and we wish Summer, Sienna, Kenzie, Zali and Anna the best of luck. We all look forward to hearing of your achievements.

Friday the 1st March will be our first assembly with 3/4R hosting. Any student receiving an award will bring home a note for parents so they can attend. Our house Captains will also be officially presented with their badges and parents of those children are also welcome to attend. Looking forward to seeing what 3/4R will be presenting. Assembly starts at 2:30pm.

The Year 6 Redbacks will be selling ice blocks for \$1 or ice creams for \$2, each Friday this term from the hall at lunch times. Please send the money in with your child each Friday if they would like a treat.

Scripture started last Thursday. If you need to change your child's preference please send a note to the office. We need it in writing before it can be changed. Thank you for your assistance in this matter.

This afternoon we will be holding our Meet the Teacher sessions. We are looking forward to seeing as many parents as possible. If you would like to discuss anything in particular about your child with his/her teacher please make a separate appointment.



Weekly Events

Library – Monday and Friday

Scripture - Thursday

Upcoming Events

Tuesday, 20th February

Meet the Teacher Afternoon

Thursday, 22nd February

District Swimming Carnival

Friday, 1st March

Assembly – 3/4R Item

Clean Up Australia Day

Wed, 13th – Fri 22nd March

NAPLAN – Yrs 3 and 5

Friday, 15th March

Assembly – 6W item

Friday, 22nd March

NHPS Cross Country

Tuesday, 26th March

Grip Leadership Wollongong
– Yr 6

Thursday, 28th March

Easter Hat Parade

The timetable for your child's session is as below.

New Curriculum Information Session Mrs Raymer 3:30pm – 4pm Library *Optional*

KH Ms Holmes 4.00pm-4.15pm

Library Mrs Bennett 4:00 – 4:30pm *Optional*

1-2 P Mrs Peters 4.15pm-4.30pm

2-3R Miss Reminis 4.30pm-4.45pm

Library Mrs Bennett 4:30 – 5:00pm *Optional*

3/4R Mrs Rossouw 4.45pm-5.00pm

New Curriculum Information Session Mrs Raymer 5:00 – 5:30pm Library *Optional*

4/5R Miss Rudd 5.00pm-5.15pm

6W Mrs Wilson 5.15pm-5.30pm

Regards
Jo West
Principal

SCHOOL LEADERS 2024

Congratulations to the following students elected School Captains and Vice Captains for 2024:

Captains: Isobel and Andriko
Vice Captains: Koko and Saxon



HOUSE CAPTAINS 2024

Congratulations to the following students who were elected Sporting House Captains and Vice Captains for 2024.

BURU – Captains: Jack and Kenzie
BURU – Vice Captains: Harvey and Sienna

WIRRI – Captains: Anna and Brodie
WIRRI – Vice Captains: Matilda and Halen



VOLUNTARY CONTRIBUTION - SCHOOL FEES

The voluntary contribution for school fees are due. Notes were sent home with students last week. School fees are \$25.00 per student.

YEAR 6 FUNDRAISER

6W Redbacks are once again selling ice blocks every Friday at lunchtime and will continue all Term 1. This is a Redbacks fundraiser and all money raised will go towards the Year 6 end of year outing and gift to the school.

We will have icy poles available to purchase for \$1 and ice creams will be \$2. We've had some nice hot weather so be sure to support this fundraiser and enjoy a refreshing ice block on Friday.

SMALL SCHOOLS' SWIMMING CARNIVAL

Last week competitive swimmers competed in the Small Schools' Swimming Carnival at Bomaderry pool. Congratulations to everyone who competed on the day. Congratulations to the following students making it to the District Swimming Carnival on Thursday: Kenzie, Sienna, Zali, Anna and Summer. Good Luck!



A fresh start for the new year

Our school is proud to be a SWAP IT school- encouraging students to eat everyday foods to help them grow, learn and play! Start the year strong by packing lunchboxes full of everyday foods and drinks.

What's in an everyday lunchbox?

- **Veg & Fruit Break:** Fresh vegetables or fruit
- **Recess:** Vegetables or fruit and one other everyday snack e.g. air-popped popcorn, reduced fat yoghurt, rice crackers
- **Lunch:** A sandwich, wrap, roll or alternative such as pasta salad
- **Drink:** Water and/or plain milk
- **Something to keep the lunchbox cool:** e.g. an ice brick

An everyday lunchbox gives kids energy to learn and play all day at school.



Learning Difficulties Coalition of NSW Inc.

PARENT TALK
BEHAVIOUR SUPPORT
AND PARENTING TIPS

for kids with ADHD and
learning difficulties



ZOOM
WEBINAR

TUESDAY 26TH MARCH
7.30PM - 8.15PM

PRESENTER: ANDREW GREENFIELD
CHILD AND EDUCATIONAL PSYCHOLOGIST / LDC VICE-PRESIDENT

With a focus on positive behaviour support and nurturing mental well-being in children, this parent talk will offer invaluable guidance and strategies for navigating the challenges of parenting children and adolescents with neurodevelopmental disorders including ADHD and learning difficulties. Andrew will discuss parenting styles and how to make your instructions and parenting as effective as possible. The parent talk will be interactive and questions and interaction will be encouraged.

REGISTER ONLINE OR CONTACT THE OFFICE

FREE

02 9806 9960



info@ldc.org.au



www.ldc.org.au





**ALL YEAR 5 & 6 STUDENTS ARE
INVITED TO ATTEND THE 2024**

SHOALHAVEN HIGH SCHOOL OPEN NIGHT

Tour SHS's amazing facilities and discover the wide range of subjects we have on offer whilst meeting some of our wonderful staff.

**TUESDAY 27TH FEBRUARY
2024**

60 PARK ROAD NOWRA

Free sausage sizzle from 5:30pm
School tour 6pm-7:30pm

Contact Emily Bradshaw for further information

02 4421 8022

connected communities
link up and learn