

# Newsletter

## Nowra Hill Public School

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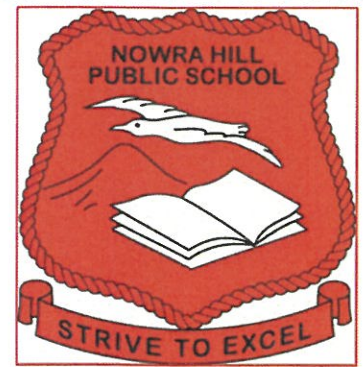
Welcome back to Term 4. I hope everyone had a great holiday and enjoyed the wonderful weather. We have hit the ground running with lots of things already happening at school.

Students are participating in gymnastics most Mondays this term. They will have 6 sessions and will participate in gymnastics and circus activities. The cost of the program is free, and I ask that students wear their sport uniform on both Monday and Friday. During the sessions children will be asked to take off their shoes and socks to be able to utilise the equipment provided. If your child has troubles tying their shoes, I ask that your help your child practice during the week so they will be ready for Monday.

There are a few excursions coming up. K-2 will be attending the local Library and Art Gallery on Wednesday 1<sup>st</sup> November. Parents would have already received a note. Year 3-5 will be attending Booderee National Park on Monday 6<sup>th</sup> November and a note will go home tomorrow. If you do not have the notes, please contact the office.

Kinder orientation will be Wednesday 8<sup>th</sup> and 15<sup>th</sup> November. All parents would have received an email invitation. If you have not or know of new Kinder parents that have not, please contact the office.

At this time of year, we are in the organisation process for 2024. We are again close to losing a class next year. If you know that your child will NOT be attending Nowra Hill Public School in 2024, can you please contact the office ASAP. Only having five classes will affect class structure and staffing and your assistance by letting us know your intentions would be greatly appreciated.



### Weekly Events

Library – Wednesdays

Scripture – Thursdays

### Upcoming Events

#### Friday, 27<sup>th</sup> October

Assembly – 2.30pm 1/2C item

#### Tuesday, 31<sup>st</sup> October

Musica Viva 1.45-2.45pm

#### Wednesday, 1<sup>st</sup> November

K-2 Excursion to Nowra

#### Monday, 6<sup>th</sup> November

Yrs 3-5 Excursion to Booderee

#### Wednesday, 8<sup>th</sup> and 15<sup>th</sup> Nov (9.30am – 11.00am)

Kindergarten 2024 Orientation

#### Friday, 10<sup>th</sup> November

Assembly - 2.30pm 1/2R item

#### Tuesday, 21<sup>st</sup> November

Year 7 – 2024 Orientation  
Night at Shoalhaven High

#### Friday, 24<sup>th</sup> November

Assembly – 2.30pm 3/4C Item

Mr Vucic has had some setbacks with his original surgery and has had to have another. He is hoping to be back at school on Monday 30th October. We are looking forward to seeing him back then.

Wednesday 25th October will be the State Athletics Carnival and Abby will be competing in shot put and discus. We wish Abby all the best and look forward to hearing of her achievements.

Term 4 will be an extremely busy term. Please check the dates in the newsletter and sentral for up-and-coming events. Look out for Kinder Orientation, Grandparents/End of Year Concert & BBQ, excursions, Presentation Assembly, Party Days, Musica Viva, Year 6 Excursion, Reports and Year 6 Graduation Assembly. Although busy there is still lot of learning to be had.

Have a great term 4!

Jo West, Principal

## MORE INFORMATION

### Remembrance Day Photos

For the Nowra Hill Public School Remembrance Day assembly this year Mrs Martin is putting together a slide show from our school community. She would like as many students as possible to contribute a photo or photos of a military family member. It could be any relation past or present.

Please send your photos to Mrs Martin at [julie.martin46@det.nsw.edu.au](mailto:julie.martin46@det.nsw.edu.au) before November 8th.

### Attention Year 5 Parents

Selective high schools cater for high-potential and academically gifted students who may otherwise be without sufficient classmates at their own academic standard. Selective high schools help these students learn by grouping them with students of similar ability, and by using specialised teaching methods.

If you would like to have your child considered for Year 7 selective high school entry in 2025, you need to apply on the internet. Please see the information attached at the end of this newsletter.

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## AWARDS

**Congratulations to the students who received awards.**

### MERIT AWARDS

- KR:** Ivy and Abiha  
**1/2C:** Gabby and Nellie  
**1/2R:** Mana and Clara  
**3/4C:** Dominic and Eden  
**4/5V:** George and Braxton  
**5/6W:** Connor and Natahlia

### PRINCIPAL'S AWARD

- KR:** Ava  
**1/2C:** Ayla  
**1/2R:** Mason  
**3/4C:** Daniel  
**4/5V:** Halen  
**5/6W:** Saxon



## Principal Awards



## Merit Awards



Happy birthday to **Andriko, Daniel and Michael** who celebrated their birthday in the last week.

Happy birthday to the following students who celebrated their birthday in the school holidays:

**Alex, Gabby, Peyton C, Kenzie, Nataliya, Killarney, Hugh and Jett O.**





# YEAR 6 ORIENTATION AT SHOALHAVEN HIGH SCHOOL

**SAVE  
THE DATE**

## INFORMATION EVENING

### FOR YEAR 6 STUDENTS AND FAMILIES

**Tuesday 21st November 2023 (5:30-7:00pm)**

Shoalhaven High School Hall

5:30pm- Sausage sizzle

6:00pm-7:00pm- Information from  
staff for parents and carers

## YEAR 6 ORIENTATION DAY

### FOR YEAR 6 STUDENTS ATTENDING

### SHOALHAVEN HIGH SCHOOL IN 2023

**Tuesday 28th November 2023 (9:00am-2:30pm)**

Students will experience a day at high school,  
exploring a range of subjects in different learning  
environments.

FOR FURTHER INFORMATION PLEASE CONTACT DEMI BAGNALL (TRANSITION COORDINATOR) ON 4421 8022



## Need ideas for veggie-ful snacks?

Try these simple ideas to fuel your day with veggie snacks!



Veggie sticks and dip



Veggie muffins



Baked beans on toast



Cheesy sweet corn



Cherry tomatoes



## Need ideas for a veggie-ful lunch?

Try these simple ideas to get a midday veggie boost!



Add salad vegetables to sandwiches & wraps



Shredded vegetables in rice paper rolls



Mushroom and beans quesadilla



Pasta salad



Fried rice with vegetables





## 4 simple steps to a healthy lunchbox

Packing an everyday lunchbox is as easy as:

**Step 1:** Pack vegetables for Veg & Fruit Break (e.g. carrot sticks or cherry tomatoes).

**Step 2:** Pack fruit and an everyday snack for recess (e.g. popcorn, reduced fat yoghurt, rice crackers and cheese).

**Step 3:** Pack a sandwich, wrap, roll or leftovers (e.g. pasta, rice or roast vegetables) for lunch.

**Step 4:** Finish with water as the perfect thirst quencher.

Don't forget to pack an ice brick to keep food safe!



For easy ideas on healthy lunchboxes scan the QR code  
or visit: [www.swapit.net.au/ideas](http://www.swapit.net.au/ideas)



## Selective high school applications opening

**Selective high school Year 7 entry in 2025—applications open 9 October to 20 November 2023.**

Selective high schools provide a learning environment designed for academically gifted and high potential students. They help students learn by:

- grouping them with other gifted students
- using specialised teaching methods so students can learn at a quicker pace and in more detail
- supporting their unique wellbeing needs.

Most students in selective high schools enjoy learning more when their classmates have similar abilities and interests.

Research shows that students benefit both academically and socially from the learning environment in selective high schools. Selective high schools are unzoned so you can apply no matter where you live.

### Where are they located?

There are 47 selective high schools for Year 7 entry in NSW with:

- 17 selective high schools
- 25 partially selective high schools
- 4 agricultural selective high schools (3 that offer boarding)
- Aurora College, for rural and remote students available in 182 authorised host schools.

Check the [selective high school map](#) to find one near you. Or look up the [selective high schools list](#).

### Is a selective high school the right fit for my child?

If your child learns quickly, asks complex questions, has a good memory or is intensely focused in their area of interest, then a selective high school might be a great fit. Discuss the opportunity with your child and look through the information together on [Selective high schools – Year 7](#) and in the new [student resource hub](#).

### Fair and equitable access

The [Equity Placement Model](#) helps make access fairer for more high potential students in our community. We know that some students may be missing out because they experience educational disadvantage. Under the Model, up to 20% of student places at each selective high school are held for:

- students from low socio-educational advantage backgrounds
- Aboriginal and/or Torres Strait Islander students
- students from rural and remote locations
- students with disability.

These students can be offered a place if their test performance is within 10% of the lowest general applicant first-round offer for the school. Learn more at [Equity Placement Model](#).

## **The application process**

Complete the [online application](#).

Applications close on 20 November 2023.

Once the application has been submitted and processed your child will be allocated to a test centre to sit the Selective High School Placement Test on 9 May 2024. Selective high school places are offered based on students' test performance (academic merit).

Learn more about the placement process and the placement test at [Selective high schools and opportunity classes](#).

## **Ready to apply?**

Apply online at [shsoc.education.nsw.gov.au](https://shsoc.education.nsw.gov.au)

## **Further information**

Visit [Selective High Schools and Opportunity Classes Year 7](#).

## **Contact the Selective Education Unit**

Placement of students in selective high schools in Year 7 is administered by the Selective Education Unit.

The SHS and OC schools' site has a messaging feature that you can use to send and receive messages from the Unit at any time: <https://shsoc-schools.education.nsw.gov.au/> (Designated principal's DoE login is required).

Email: [ssu@det.nsw.edu.au](mailto:ssu@det.nsw.edu.au)

Telephone: 1300 880 367.

The preferred way for parents to contact the Selective Education Unit is by sending messages through their application dashboard.

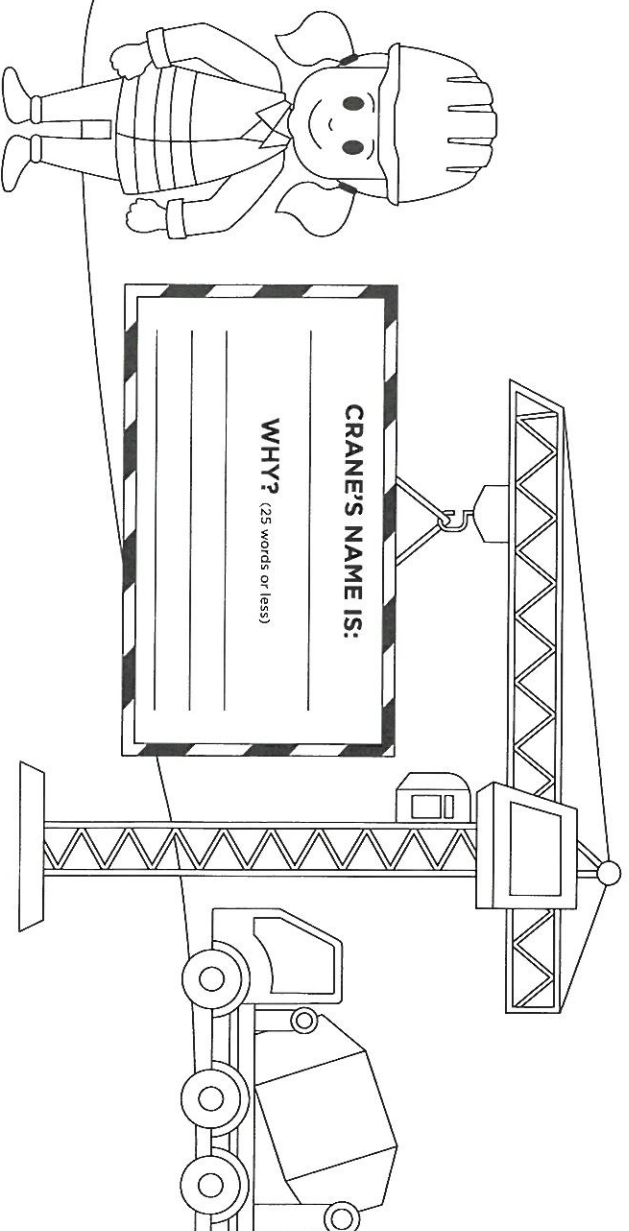
Website: <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes>



# Shoalhaven Hospital Redevelopment



## Colour me in!



Your name: \_\_\_\_\_

Your age: \_\_\_\_\_

Your suburb: \_\_\_\_\_

Your school: \_\_\_\_\_

**Please ask your parent or legal guardian to complete below:**

☐ I accept the Competition Terms and Conditions

Parent/guardian name: \_\_\_\_\_

Parent/guardian signature: \_\_\_\_\_

Date: \_\_\_\_ / \_\_\_\_ /2023

Parent/guardian telephone no.: \_\_\_\_\_

Parent/guardian email: \_\_\_\_\_

**Send the entry form to:**

Shoalhaven Hospital Redevelopment

Name the Crane Competition

PO Box 246

Nowra NSW 2541

**Or drop the entry form at:**

Shoalhaven District Memorial Hospital

2 Scenic Drive

Nowra

**Entries close:**

6pm, Friday 27 October 2023

# Name the Crane

Help us name two cranes for the Shoalhaven Hospital Redevelopment project.

The tower cranes will be installed to help build the new seven storey Acute Services Building.

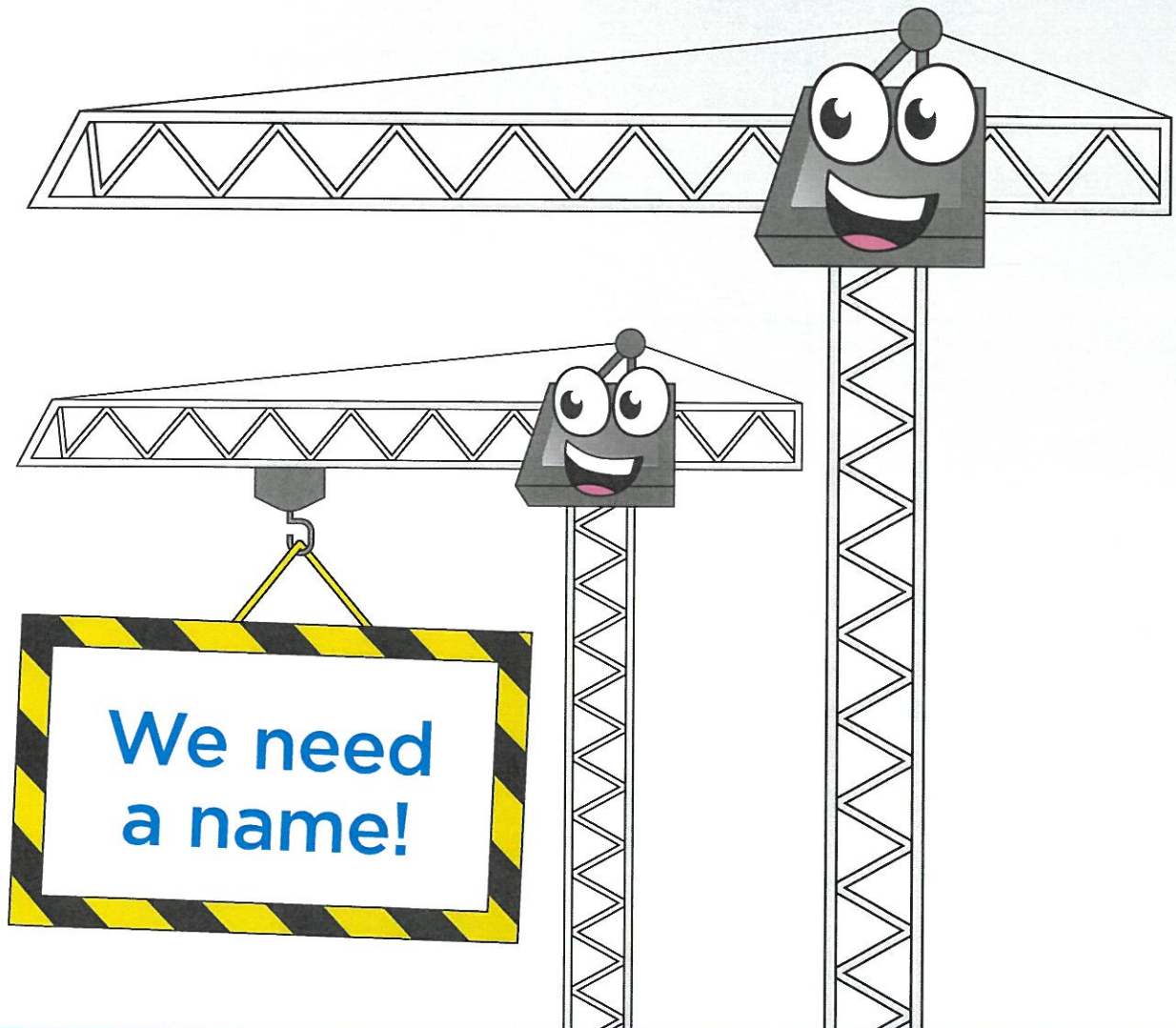
The winning entries will receive an iPad each and the names will be displayed on the cranes. 10 runners up will receive Lego packs.

All winners will also be invited to join the project team for an onsite ceremony.

Competition closes 6pm, Friday 27 October 2023.

Visit: [shoalhavenredevelopment.health.nsw.gov.au](https://shoalhavenredevelopment.health.nsw.gov.au) for an entry form and terms and conditions.

Please feel free to email us with any questions: [HI-shoalhavenredevelopment@health.nsw.gov.au](mailto:HI-shoalhavenredevelopment@health.nsw.gov.au).







Shoalhaven  
Defence  
Families  
Association



KOOKABURRA  
RETREAT

# 50TH BIRTHDAY BASH FAMILY OPEN DAY

**Celebrating 50 Years of Community Connection**  
**All welcome**



**\*JUMPING CASTLES\***  
**\*FACEPAINTING\***  
**\*FOOD TRUCKS\***  
**\*COFFEE VAN\***  
**\*LIVE MUSIC\***  
**\*ICE CREAM TRUCK\***  
**\*AND MORE!\***

**SATURDAY 11TH**  
**NOVEMBER 12-3PM**  
**CANBERRA DRIVE**  
**NOWRA HILL**

**Entry - gold coin donation**

Thanks to our sponsors



Nowra  
Veteran  
Wellbeing  
Centre



Please contact 02 4421 5766 or shoalhavendfa@gmail.com for more info